

Permanent/Semi-Permanent Makeup

GENERAL AFTERCARE INSTRUCTIONS FOR 7-14 DAYS AFTER YOUR PROCEDURE

Ombre Brow (semi-permanent)

- Do not get the brows wet during the healing process for 14 days.
- Do not put anything (water, make-up, lotions etc.) on the brows for 14 days.
- Do not sweat for 14 days - this may be difficult for those who love to work out, but body heat expands the pores. Sweat has salt and will cause fading of the brows or pigment loss.
- Apply coconut oil, grapeseed oil, or A&D ointment to the brows with the micro swab brush when needed after 48 hours. This is a dry healing process so only apply if brows are itchy, dry, and stiff. Be gentle when applying the ointment so that you don't scrape the scabs off.
- Do not scrub, rub, or pick at the scab/crust that forms. Allow it to flake off naturally. If its removed early, there will be pigment loss.
- Do not use any Retin-A or Glycolic Acids in the brow area during or after healing, this will cause discoloration/pigment loss.
- No tanning; self-tanner is ok but not on the brows.
- Try not to sleep on your face while healing.
- Healed brows will fade anywhere from 40%-50%. Ombre brows are semi-permanent and last anywhere from 1 to 3 years depending on skin type and lifestyle. Annual touch ups are recommended to retain the look, shape, and color of the brow.

Eyebrow Tattoo Traditional Strokes (permanent makeup)

- Wash area with mild soap and water 3 hours after procedure. Be very gently and pat dry. Apply "rice granule size" of bacitracin to each brow with clean Q-tip.
- Apply the bacitracin 3-5 times daily for the first 2 days. After the 2 days, switch to Aquaphor for 5-7 days.
- If a slight crust appears on pigmented surface, do not force removal by picking or scratching. Wash the area daily with fingertips and water, then pat dry. The procedure may have some peeling on the third day. This is normal.
- Do not pick, do not apply makeup to healing areas. No tinting of lashes or eyebrows. Avoid sun, saunas, and swimming. When bathing try to keep the area as dry as possible – no direct water from the spout.
- After 30 days, you may use a broad spectrum SPF 50+. Do not use products containing AHA's, Retinols, Lactic Acids, or Retin A products. Avoid products containing Aloe Vera or Vitamin E during healing.
- If you experience excessive itching or swelling, or any blistering or other complications post procedure, stop using the aftercare product and call your technician immediately. You may be allergic to the aftercare product. If you have excessive redness, swelling, or tenderness or any red streaks going from the procedure area to the heart, elevated

temperature or excessive drainage contact your physician and your technician as the area may be infected.

- Traditional strokes are permanent and will fade 40%-50% as they heal. Annual touch ups are recommended to retain the look, shape, and color of the brow.

Eyeliner

- You may experience some mild swelling. Everyone is different and the amount of swelling will be different for each client.
- Apply ice in the morning and sleep somewhat propped up if this is possible.
- Avoid foods high in sodium for a few days.
- No mascara until the site is healed, best to purchase a new mascara tube.
- Touch ups are recommended annually for eyeliner color boost.

Lips

- Lips will take a little longer to heal and will be very chapped. Really important to keep them moist constantly so they stay lubricated and supple.
- Apply ice as needed for swelling. Do not pick the loose color as you will lose color. Lips have a tendency to fade up to 60%, so be very gentle and follow your aftercare instructions.
- No lipstick or gloss until peeling is over, usually 4-6 days.
- Avoid teeth bleaching toothpaste, wine, or salty foods. Rinse your mouth with cool water after eating and re-apply your ointment. Try drinking through a straw, even hot coffee and tea. So many things we drink are acidic and will cause fading.
- Touch ups are recommended annually for eyeliner color boost.